

Climbing ITINERARY

Lemaing & Panalaban Hostel Package (2D1N)

Pre-Climb Essentials:

- Complete self-check-in through website, available 2 days before climb
- Documents to bring: Photocopy of Mykad/Passport and Indemnity Form (completed self-check-in)

DAY 1 – KINABALU PARK, KUNDASANG

Arrival & Registration

Registration

07.00am - 10.30am

- Pay Entrance fee at the main gate (cashless payment)
- Optional: Pay parking fee (cashless payment) - If required
- Register climb at Visitor Centre - Climbing Registration Counter

Registration Process:

- Present booking invoice (softcopy) for identification
- Submit documents: Photocopy of Mykad/Passport and indemnity Form for each climber
- Arrange & pay by cash: Mountain Guide, Transportation and Porter fee (optional)
- Collect your Permit Tag and meet your Mountain Guide

Climb Commencement:

- Transfer to Timpohon Gate with your Mountain Guide
- Briefing on Rules & Regulations
- Begin the climb to Panalaban

PANALABAN, MT. KINABALU

01.00pm onwards

4:30pm - 7:00pm

- Check-in at Lemaing / Panalaban Hostel
- Dinner at Laban Rata Resthouse (SSL)

DAY 2 – SUMMIT ATTACK, LOW'S PEAK

02.00am - 03.30am

Supper at Laban Rata Resthouse (SSL)

Begin Ascent to Low's Peak

05.30am

- Reach Sayat-Sayat checkpoint (show Permit Tag)
- Aim for sunrise at Low's Peak
- Reach Low's Peak, capture memories with photos (10-15 minutes)
- Descend to Panalaban

07.30am - 10.30am
10.30am

Breakfast at Laban Rata Resthouse (SSL)

Check-out (late check-out incurs RM100/hour)

Descent to Timpohon Gate

- Aim to arrive before 4:00pm (extra charge RM15/hour/climber after 4:00pm)
- Transfer to Visitor Centre
- Climbing Certificate: Optional at Visitor Centre (cashless payment) Summit (Low's Peak): RM10 (color); Below summit: RM1 (black & white)

For Further Inquiries, Please Contact Us:

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